



Saturday, October 10, 2026 · 6–9 p.m. local time

Show up. Share the table. Belong everywhere.

A national day of collective presence. People with disabilities, their families, and allies dine out on the same day, in restaurants across the country. Thousands of tables, all at once, adding up restaurant by restaurant to real accessibility improvements.



HOW IT WORKS



1 Pick your restaurant.

Go where it's realistic for you, with friends, family, or a group. Somewhere new is welcome.



2 Show up on October 10.

One day, nationwide. Thousands of small gatherings, all at once.



3 Tell us what happened.

Post a photo, tag @DisabilityNightOut, and add #DisabilityNightOut. Say what worked and what didn't.



Scan to learn more, get notified, and find a group near you.

DisabilityNightOut.org

Follow and tag @DisabilityNightOut · #DisabilityNightOut

An initiative of Disability 3.0 · Free to print, copy, and share.

Photo: Elevate on Unsplash